

Underage drinking



**Start talking to your teenager about drinking
before someone else does.**

Street Names for Alcohol

Booze, alcohol, liquor, Drinks, Cocktails, Highballs, Nightcaps, Moonshine, White lightning, Hootch, Fourty, Fourty ounce, Brewsky, Brew, Cold one, Sauce, Wahoo juice, Juice, Hard stuff, Moonshine, Vino, Draft, Suds, Liquid bread, Liquid courage, Redneck wine, Jello Shots, Proof, Corn, Panther Sweat, Firewater, Giggie Juice, Kool Aid, Mouthwash, Poison, Chug, Jack,

Many of these names have been around for years, while others are more current terms that may not be as popular. Some may have gotten their roots from other countries or old stories. There is no doubt that there could be other names for this drug. Many groups especially fraternities and college-based groups, may have their own special or unique names. Familiarizing yourself with these names will empower you to make informed decisions.

Remember these can change at any time. "So Listen Up!" Our kids have learned these names and so can you.

Alcohol use among children starts early and if left undetected it can lead to even bigger and more serious problems down the road. Youth between the ages of 12 and 20 are using alcohol and according to the NIAAA National Institute on Alcohol Abuse and Alcoholism. Each year, approximately 5,000 young people under the age of 21 die as a result of underage drinking; this includes about 1,900 deaths from motor vehicle crashes, 1,600 as a result of homicides, 300 from suicide, as well as hundreds from other injuries such as falls, burns, and drowning's (1–5).

How alcohol is getting into school

Are you smarter than a six grader? Kids today are more intelligent than society give them credit for. The ability to problem solve has kids sometimes out smarting us. Here are some ways that kids are bringing alcohol into schools without being noticed.

- **Injecting alcohol into fruit like:** Strawberries, Bananas, Oranges and Watermelons
- **Soaking edibles in vodka things like:** Gummy bears, Pineapples rings, Jell-O
- **Drinks spiked with vodka like:** Gatorade, Hawaiian Punch, Coffee and Kool-Aid
- **Spring water mixed with vodka** (You can't see the difference but you can smell it.)

Now this is not to say that you have to check every piece of fruit that your kid is carrying around, but if you suspect something at least you know where to start looking.

Safe and Sober Prom Night

Each year across the United States, hundreds of teens are killed because of alcohol-related accidents on their prom night. According to a law firm based here in Philadelphia "The Beasley Firm" has found that alcohol-related auto accident deaths rise dramatically during prom nights and graduations. As if you didn't have enough to worry about they also found that according to the Department of Health and Human Services 39% of male high school seniors felt it was ok to force sex on girls who are intoxicated or high on drugs. This is a good reason to talk to your teenager about drugs and alcohol before someone else does.

So where do you to check for alcohol?

A lot of life's problems come from living without awareness. When we were young there wasn't too much we missed and we make it a point to learn new things or to keep up with the latest. Think about the very first time you learned how to drive, remember how engaged you were? You paid attention to pot holes you even slowed down for people who were in the crosswalk. You may have even anticipated someone else's move to avoid an accident, this because you were in a state of heightened awareness.

Here are some places you can check if you feel alcohol is being used.

- **Check the waist, inner thighs, under the arm and stomach:** Teenagers have been known to conceal flasks by taping it to their body.
- **Check the socks:** Socks make perfect hiding spots of things like flasks or pouches. Be mindful that flasks aren't always made of metal they are also made of soft pouches like that of a Capri-Sun pouch.
- **Between the belt:** Some teenagers have been known to hide alcohol between the belt and pants and on the inside the pants.
- **The inside of a jacket pocket:** Make sure the pocket you check doesn't have a hole at the bottom of it. That could be an indication of a secret compartment.
- **Don't forget to check these:** Strawberries, Bananas, Oranges, Watermelons, Gummy bears, Pineapples rings, Jell-O, Gatorade, Hawaiian Punch, Coffee and Kool-Aid and Water bottles.

If you find your teenager has a problem with alcohol talk to your doctor.

Self Inc

1425 Arch Street 4th Floor
Philadelphia, PA 19102
Phone: (215) 496-9550 Ex. 232
Intake: (215) 486-9550 Ex. 254
www.self-inc.org

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Teen Challenge

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Philadelphia, PA
Phone: (215) 849-2054